Congratulations, cheerleaders!

HIP HIP Hooray!
EATON CHEER

Coming together is a beginning.
Keeping together is a progress.
Working together is a success.
FUNDRAISING

There will be various fundraising activities/events throughout the year in which all members are required to participate.

EHS Spirit Wear orders are due by Monday, April 11th at practice.
REQUIRED FORMS

Please complete all forms in your folder.

We will be collecting these at the end of the Made-It Meeting.
RESOURCES

• Calendar on website
• Weekly email

Becky Gieri: 505.238.0607
Raegan Bayless: 432.213.3991
BOOSTER CLUB

PRESIDENT
VP
SECRETARY
TREASURER
PARLIAMENTARIAN

GOAL: 100% MEMBERSHIP!
<table>
<thead>
<tr>
<th>Month</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>Tryouts</td>
</tr>
<tr>
<td>April</td>
<td>Monday Practices</td>
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<tr>
<td>May</td>
<td>Monday Practices</td>
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<tr>
<td>June</td>
<td>Cheer Camp at OU</td>
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<tr>
<td>July</td>
<td>Captain Work Days</td>
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<tr>
<td>August</td>
<td>Practice for all squads</td>
</tr>
<tr>
<td>September</td>
<td>Football &amp; Volleyball Season – Go EHS!</td>
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<tr>
<td>October</td>
<td>Football &amp; Volleyball Season</td>
</tr>
<tr>
<td>November</td>
<td>Football &amp; Volleyball Season</td>
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<tr>
<td>December</td>
<td>Basketball Season</td>
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<tr>
<td>January</td>
<td>Basketball Season</td>
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<tr>
<td>February</td>
<td>Bootcamp for all cheerleaders</td>
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PROJECTED COSTS

All costs are subject to change.

Payment #1: March 24, 2016 -- $450 | Final Payment #2: April 25, 2016 – $$

*All costs are subject to change. Any balance that is not paid in full by April 25, 2016 will result in dismissal.*

<table>
<thead>
<tr>
<th>CHEER EXPENSES</th>
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<tbody>
<tr>
<td>*Decals</td>
<td>$TBA (Booster)</td>
</tr>
<tr>
<td>*Yard Signs</td>
<td>$TBA (Booster)</td>
</tr>
<tr>
<td>Bows</td>
<td>$45</td>
</tr>
<tr>
<td>Camp/Practice Shirts</td>
<td>$150.00</td>
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<tr>
<td>Camp/Practice Shorts</td>
<td>$113.85</td>
</tr>
<tr>
<td>*Boy Cut Brief</td>
<td>$20.85</td>
</tr>
<tr>
<td>*Bra Top</td>
<td>$20.85</td>
</tr>
<tr>
<td>Warm Ups</td>
<td>$156.50</td>
</tr>
<tr>
<td>Bag</td>
<td>$49.95</td>
</tr>
<tr>
<td>Camp</td>
<td>$258.00</td>
</tr>
<tr>
<td>Shoes</td>
<td>$79.99</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
</tr>
<tr>
<td>New: $895</td>
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<tr>
<td>Returning: $740</td>
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</tbody>
</table>
It’s always right to do what’s right.

STRIKE SYSTEM:
The EHS Cheer expectation is that all cheerleaders follow the standards that are necessary for the integrity and reputation of our program. Strikes may be issued for violations at the discretion of the coaches. After the third strike (strike four) the cheerleader will be dismissed.

BENCHING:
The member attends functions in uniform but will not take part in the team performance. Squad members will wear cheer attire as deemed appropriate by their coach and will remain with the coach throughout the performance. A “performance” can be defined as a pep rally, game, event, etc.

PROBATION:
The member is not allowed to participate as an active member of the team. The member is not allowed to travel with the team for any reason. The member may not wear the EHS Cheer uniform. The member must continue to attend classes, work periods and practices as scheduled during and before/after school hours.

REMOVAL:
Students who have been removed and those who voluntarily quit the team retain no rights to team awards, recognitions, etc. They lose all privileges associated with EHS Cheerleading, including attending EHS Cheer-only events, using EHS Cheer facilities and wearing EHS Cheer attire. A EHS Cheer member who has voluntarily quit or who has been removed from the team will not be eligible to participate in tryouts the following year.
WHAT WE EXPECT:

Responsibility
Dedication
Self-motivation
Integrity
Disciplined
BE AWARE

THE FOLLOWING ARE EXPRESSLY FORBIDDEN:

• Assault or harassment of coaching staff or team members (including social media)
• Theft of team or individual property.

At the first infraction of either of these rules, the student will be removed from the team.

Any member failing to abide by published school rules relating to the conduct, use of drugs, alcoholic beverages, or other illegal activities will be subject to review by the coaching staffs and principal. Dismissal from the group may result from that review.

EHS Cheerleaders will abide by the following P.D.A. (public display of affection) rules while on campus and at all school related functions: no kissing, no sitting in other people’s laps, no hugging or any other actions that are deemed inappropriate by the coaching staff. Side hugs and holding hands are acceptable.
BE ELIGIBLE

• We follow UIL for No Pass-No Play
• 70 in On Level
• 60 in PAP (does not equal credit)
• A squad member who becomes academically ineligible two times during one school semester will be automatically dismissed from the team.
• Dismissal will result in the loss of all team privileges, including banquet, patches, and awards.
EXTRA-CURRICULAR CODE OF CONDUCT

• We do follow the district extra-curricular code of conduct
• MIC, MIP, Etc.
• Social Media

“Be the kind of leader you would follow.”
1. Attendance at all EHS Cheer activities and practices is mandatory.

2. Tardies: 3 tardies will result in an unexcused absence.

3. Excused Absences: Illness with a doctor's note, death in the family, religious holidays, University Interscholastic League game/match/performance, ECO, Saturday school or school related meetings, College visits/meetings (Seniors only).

4. Unexcused Absences: Work, vacation, appointments, non-University Interscholastic League involvement (including local youth associations).
   - Unexcused absences will result in automatic benching.

5. In the case of cheerleader illness: Cheerleaders will be excused from one practice/event with a parent's note. Parents note must be received the day the cheerleader returns. If a cheerleader misses more than one practice a doctor's note is required for the absence to be considered unexcused. Although a cheerleader is given an excused absence, this DOES NOT guarantee their position in a routine, pep rally, etc.

6. Three unexcused absences may result in removal from the squad. Alternate action may be taken and decided upon by the cheerleader, team coach and head coach. Alternate action may include, but is not limited to, benching from next performance, benching for an extended amount of time, 3 or 6 week probation.
DO NOT . . . FROST YOURSELF

• Per AACCA: “These rules are to be in effect for all practices, games, competitions and other performances: All jewelry is prohibited during participation (11B).”
• No jewelry or spacers will be allowed.
• If this is taken advantage of, we will go to no spacers/no jewelry.
• We will not be responsible for any injuries due to spacers.
INJURIES

Step ①: Talk to your coach
Step ②: Talk to the trainers, not the nurse
Step ③: If needed, coaches will contact parents
Step ④: See a doctor, as needed.
Step ⑤: Know the difference between an injury and an owie.
Mama called the doctor, and the doctor said...  

- A parent note is only valid for one practice.  
- If a student needs to sit out for more than one practice, a doctor’s note must be submitted to the coach. Without a doctor’s note a squad member is still expected to participate in all activities.  
- Ask your doctor to be specific.  
- Once a cheerleader is required to sit out per doctor’s note another note is required for the cheerleader to be released. Cheerleaders will be required to sit out until a release note is provided.  
- You must still attend practices, even if you are injured.  
- We understand that cheerleaders get hurt; however, we cannot guarantee a spot in a routine, stunt group, etc. if a cheerleader is sitting out due to injury.
• Practice is held after school and throughout 8th period.
• All squad members must be in the correct practice uniform with the correct shoes, hair up, and no jewelry prior to entering the dance gym.
• Practice times are scheduled by the coaching staff and can change at any time.
• You will receive participation grades based on whether or not you are on time, if you are prepared for class (right cheer gear), and effort
MEDICATIONS

- All medications must be in original bottle.
- Please place medicine in a Ziploc bag with first and last name.
- If medication list is extensive, please write out directions.
- Give to Coach Gieri prior to departing EHS.
Bottom Line:
We will take pride in what we have.

• No food, drinks (besides water) allowed in the locker room.
• A sloppy locker room will result in strikes.
• All personal items must be kept in lockers, not on the floor.
• No one is allowed in the locker room during school, plan accordingly.

See handbook for more details.
KEEP US IN THE LOOP

• Contact YOUR coach

• Texting a captain does NOT take the place of communicating with a coach

• In extenuating absent circumstances, a coach must be given prior notice AND must approve of the absence being excused. Just telling a coach doesn’t mean it’s an excused absence.

• Please be cognitive of our families and other district responsibilities. It is not appropriate to text a coach about academics in their class. We are teachers in the classrooms, and coaches in the gym.
CAMP

- June 13-15
- Oklahoma University (Norman, Ok)
- MANDATORY
EHS GOES TO CAMP

• We will be working hard to learn new skills, challenging us to go to another level as a squad and as individuals.

• We will be working together as a squad to better our skills and build unity.

• Through evaluations we will learn from our mistakes and compete against other teams for recognition.

• For you to be the most engaged squads there! Cheer, smile, and make each other proud.
CAMPING OUT

• You will be representing our squad, school, and community.
  – We are always on time and enthusiastic to be there.
  – We don’t take our opportunities for granted.

• Down time - what’s that? We will be bonding or practicing.

• Learn it, get it, retain it.
PARENTS

• You will be called and expected to come and get your daughter if rules are violated – no matter what time.

• This is NOT a summer camp, we will be working. You will NOT have 24 hour access to your cheerleader. You will only speak to your son/daughter in the evening when they are given their cell phones.

• Please make plans to pick up your cheerleader in Norman, OK on the last day.
Camp Clothes
OTHER GOODIES

BOWS
- Navy
- White
- Hot Green
- Pink
- Multi Bow

PRACTICE SHORTS
- Navy
- Charcoal
- White

BACKPACK
- Navy & hot green
- Eagle
*EATON instead of name
We will use the big "E" artwork from this uniform rather than the EHS.
Yard Sign & Car Decal

EHS
EAGLE

EHS
EAGLE
CHEERLEADER

NAMES

NAMES
The END

WE ARE SO EXCITED!